



Advantage Consumer Directed Health Plan with Incentive Contribution

Frequently Asked Questions

1. What is the Advantage Consumer Directed Health Plan with Incentive Contribution?

This high deductible health plan is coupled with a health savings account. Eligible employees who complete the wellness screening and the StayWell health assessment during Open Enrollment will receive an incentive contribution to their health savings account.

2. Who is it for?

Manager's and Commissioner's Plan members and employees of independent units of government.

3. What is the incentive contribution?

- For eligible employees who do not complete the wellness screening, the base contribution will be: \$500 for single coverage and \$1000 for family coverage.
- For members who take a wellness screening **and** complete the health assessment during Open Enrollment, the incentive contribution will be: \$800 for single coverage and \$1600 for family coverage. The incentive total reflects \$300 for single/\$600 for family above the Base Contribution.)

4. What does the wellness screening measure?

12-hour fasting measures:

- Blood pressure
- Blood glucose
- Lipid panel including cholesterol, HDL, LDL and TG
- Body mass index
- Asks if you use tobacco

5. Can I submit test results from my health care provider instead of participating in this employer sponsored wellness screening?

Please participate in this employer sponsored wellness screening. Only results from this wellness screening are accepted.

6. Why is it important to know my health values?

You will earn an increased contribution to your health saving account and get support to live a happy, healthy life.

7. How do I request my home wellness screening kit?

Request your home kit from Homeland Health Specialists. (This organization also administers our flu vaccination clinics.)

- Call 1-877-746-8060 (M-F, 8 a.m. – 5 p.m.) Ask for Marge or Cheryl
- Have health insurance info ready
- First day to request October 21, 2015
- Last day to request November 23, 2015
- Postmark your completed kit by December 2, 2015

8. Is there a cost?

No. Employees will receive the wellness screening home kit and results with no out-of-pocket costs. Have your health plan member ID card when you call to request for your kit.

9. How do I get my results?

You will receive your results directly from the lab within 24-48 hours after processing.

Laboratory results will be sent to the employee by mail and to Homeland Health Specialists. A registered nurse from Homeland Health will follow up with you by phone. This health education consult will provide a brief explanation of what the results mean and health education resources.

10. Is it confidential?

Yes. Your confidential health data is protected by state and federal regulations including HIPAA. The state will never see your private information.